



Be **#SeniorStrong**

Are you a Michigan Senior Citizen with an inspiring story? Do you know a Senior who might be an inspiration to others?

We're looking for nominees to be featured in our SeniorStrong campaign, celebrating those with remarkable stories, contributions, and who may serve to help tell the story of Michigan's senior population.



THE NOMINATION PROCESS:

1

Go to
iamseniorstrong.com/nominate

2

Fill out the **online form** and
tell us about the nominee

3

Upload a high-resolution photo
of the nominee

4

Download, fill out and send
the **photo release form** to
semisrc@gmail.com

5

Submit your nomination

6

Thank you
for your participation!